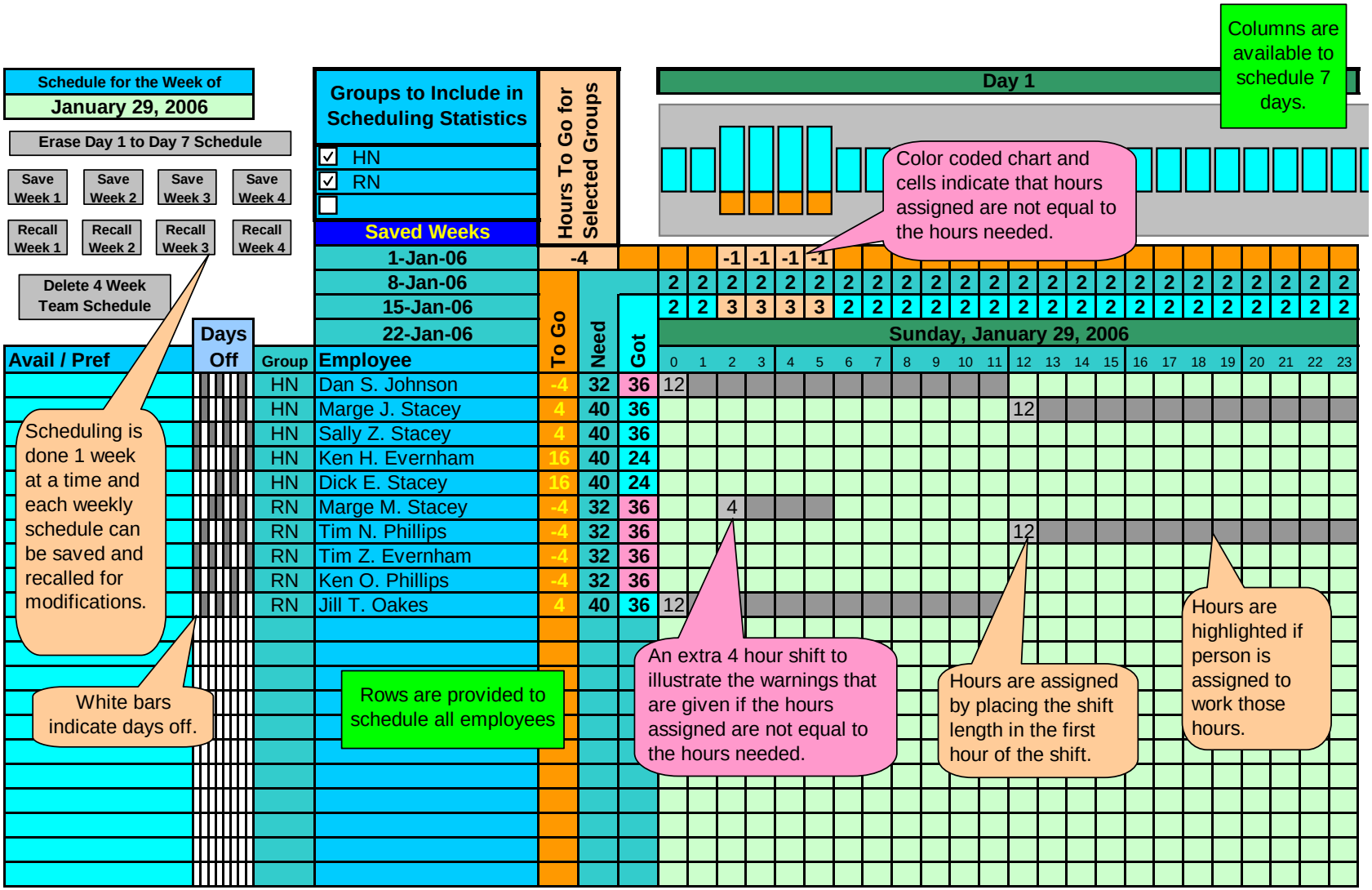S15-Hours & Tasks Scheduling Sheet